



THRIVING MIND MASTERMIND PROGRAM

For busy professionals seeking to
enjoy a successful career
AND have a life

DR. JENNY
BROCKIS

CREATING THRIVING TEAMS AND LEADERS



INVESTING IN YOU IS THE FASTEST WAY TO AMPLIFY AND ACCELERATE YOUR PERSONAL AND PROFESSIONAL DEVELOPMENT

Discover what you're capable of and reconnect to what's important

A Mastermind group brings likeminded people together to support, learn from each other and create transformative change

If you're tired of the overwhelm, mental fatigue and stress

If you're ready to reclaim your vitality, wellbeing and happiness

The Thriving Mind Mastermind Program is for you

Visit our website at www.drjennybrockis.com for more information about our company's services. Email us at jenny@drjennybrockis for enquiries.



What's included

6x 90minute group coaching sessions every 2-3 weeks

The opportunity for a HOT SEAT session to tap into the wisdom of the group

One 45 minute one-on-one call with Jenny

Access to all Dr Jenny's resources and tools and the online Thriving Mind Community

Places are limited

Enquire now at jenny@drjennybrockis.com

About Jenny

As an MD and board certified lifestyle medicine physician Dr Jenny 'gets' people.

Compassionate and empathetic her mission is to empower others to be the best version of themselves

With post-grad studies in neuroscience, leadership and lifestyle she translates the complexities of the science into simple practical tools and she wants YOU to succeed

Your investment

AU\$ 1750 + GST

Monthly payments available once the initial deposit to secure your place has been made